



**A Very Special Opportunity to View a  
Wonderful Interview with Lisa Garr on GAIA TV  
[FREE TO WATCH UNTIL OCTOBER 31, 2019!](#)  
Dr. Linda Backman on *Inspirations with Lisa Garr*  
Spiritual Healing Through Past Life Exploration**

Can past life regression heal your present life? Does your soul evolve from one life to the next? Dr. Linda Backman specializes in past life regression, which she calls spiritual regression, and, as she's discovered with her clients, not every lifetime has necessarily been on Earth. She has no doubt that the soul reincarnates, and that the incarnations are designed for our spiritual advancement. Regression is like a key in the lock to demystify — and take the fear out of — what is going on in this lifetime. It is up to us to recognize the lesson and embrace it.

Dr. Linda Backman is an expert regression therapist and psychologist with over 40 years of private practice experience, including 25+ years guiding Soul Regressions. Linda is the author of *Bringing Your Soul to Light*, *The Evolving Soul* and *Souls on Earth*.

**[If you would like to view additional GAIA TV inspirational content, now is the perfect time to sign up as a GAIA TV subscriber!](#)** See this special limited time promotion, which will not only give you continued access to *Inspirations with Lisa Garr* and other programs, but also panels hosted by Lisa at the 2019 Los Angeles Conscious Life Expo, where Linda was also an expert panelist. **[Only \\$99 for a year's subscription, a significant savings. Register for the special GAIA TV offer here.](#)**

**[View the \*Inspirations\* Episode with Dr. Linda Backman on GAIA TV here.](#)**

If you would like to learn more about private sessions with Linda, contact [Earl@RavenHeartCenter.com](mailto:Earl@RavenHeartCenter.com) or call 303-818-0575. Visit [www.ravenheartcenter.com](http://www.ravenheartcenter.com).